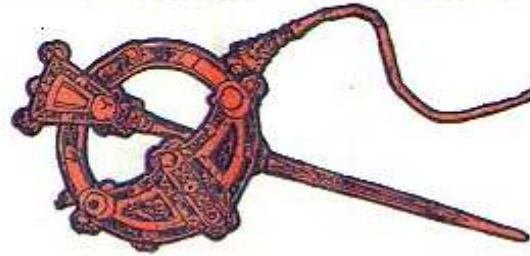


Coiste Cairmoideachais Chontae Na Mí
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Study Techniques

Ways of Improving Learning Performance.



MAEGS

Study Techniques

M.U.R.D.E.R.: A Study System.

MOOD: Set a Positive Mood for yourself to study.

Select the right time, environment and attitude.

Find out how and when you study best.

UNDERSTAND: Mark any information **you do not understand** and note it for special attention.

Study small manageable sections at a time, do not keep switching from one topic to another.



MAEGS

Study Techniques

M.U.R.D.E.R.: A Study System.

RECALL: When you have finished studying a unit or short section, stop and put what you have learned **into your own words**.

DIGEST: Go back to what you did not understand and reconsider what you have studied. **Get assistance** if you need it or look up other books which might give a better explanation.



Study Techniques

M.U.R.D.E.R.: A Study System.

Expand: Ask yourself:

How can I make use of the material I have just learned.

What do I need to learn to understand it better or make it more relevant.

If I could speak to the author, what questions would I ask.

Review: Revise material and look at how much of the information you can remember.



MAEGS

Study Techniques

Another Idea: Index Study System.

- Take notes as you read.
- Re-read notes often, keeps information fresh in mind.
- Keep track of terms you need to remember.
- Write notes on index cards.
- Carry cards with you so you can read them if you have quiet time.
- Study with a friend.

